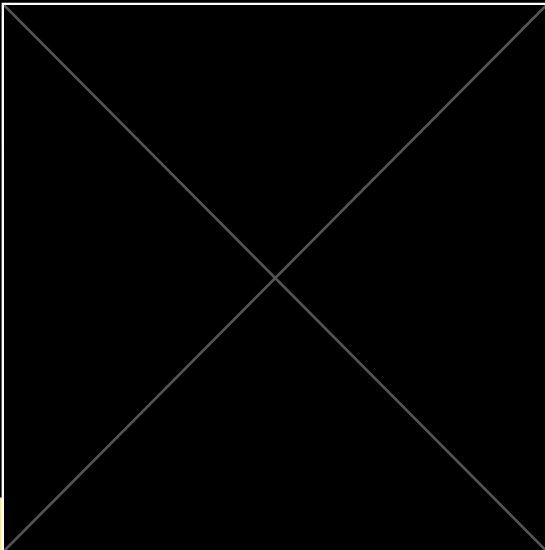


Aluminum Foil Human Figures



FORM is one of the 7 Elements of Art



Image from ThoughtCo.com

Here are a few basic FORMS.



sphere



cone



cylinder



cube



pyramid



slab

FORMS can be actual 3-D figures, that you can walk all the way around. Or FORMS can have the illusion of depth, as in a drawing of a sculpture or the images above.

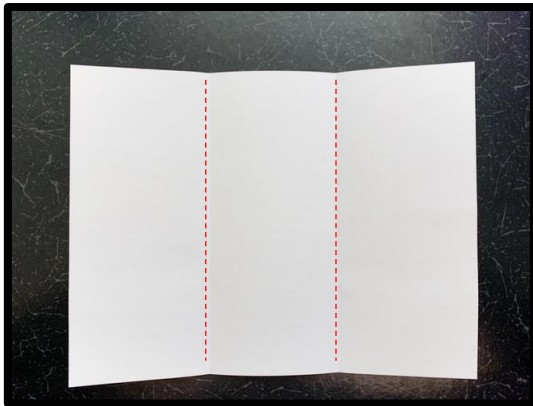
For this project, you will create an actual 3-Dimensional FORM of a human figure.

Supplies Needed:

- Paper
- Pencil
- Aluminum Foil
- Scissors
- Camera (Optional)



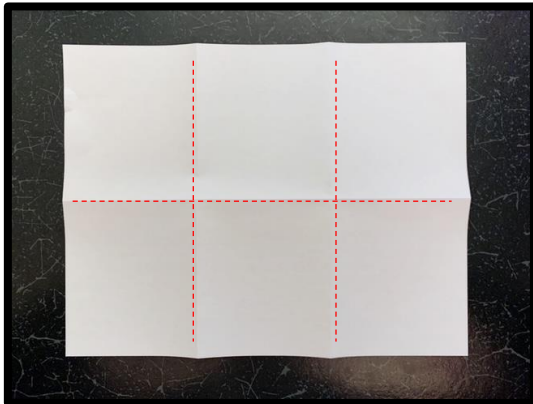
STEP 1: Brainstorm Human Figure Poses



Using a plain piece of copy paper, fold your paper in 3 sections. Try your best to get the 3 sections equal, but it is okay if they are not perfect.



Next, fold your paper in half – hotdog style or long ways.



Finally, open up your paper and you should have 6 mostly equal sections. If your sections are not equal, it is no big deal. This is just to practice drawing different poses.

STEP 1: Brainstorm Human Figure Poses



Now, I want you to think about the human figure. Think about how people position their bodies and how that position can show different emotions.

In the sections below, draw six different poses and/or emotions.

Here are some ideas of different poses and emotions...

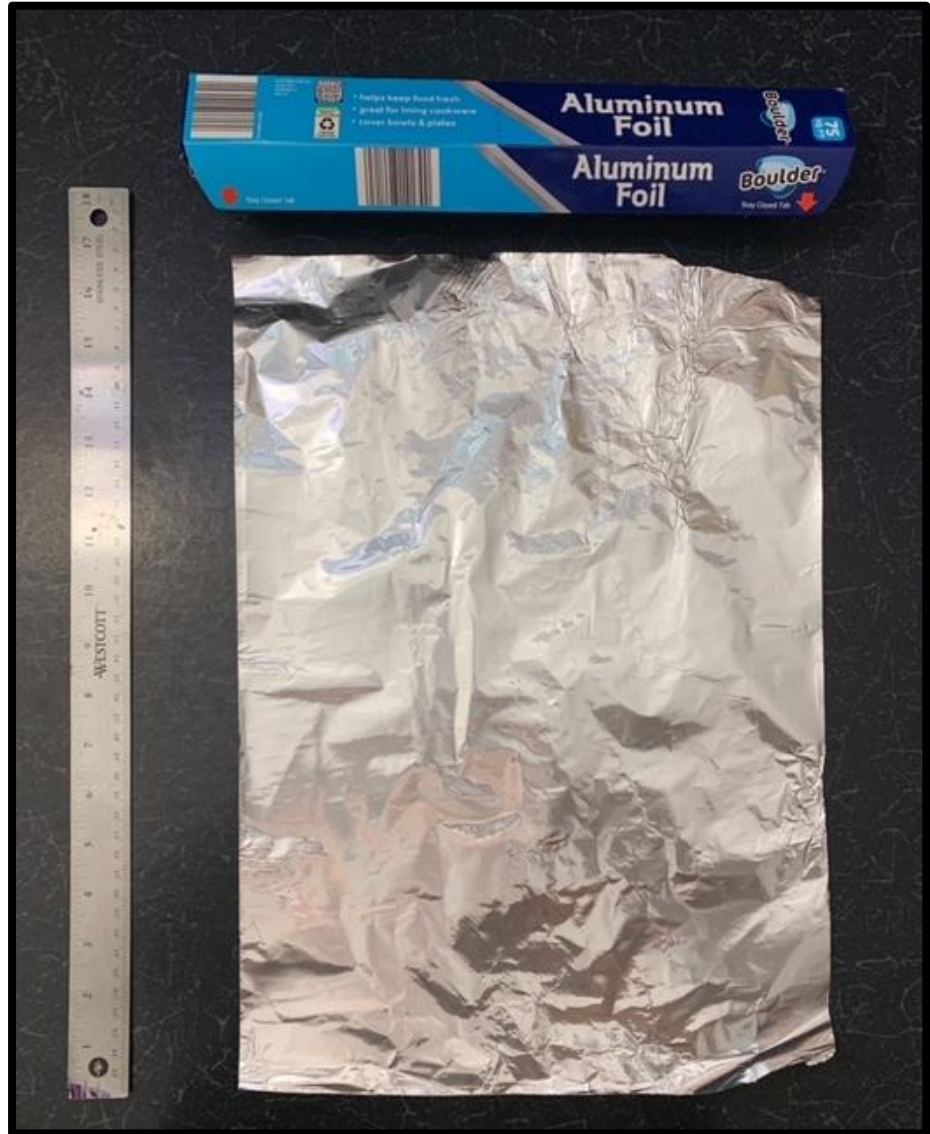
- | | | |
|----------|-----------|----------|
| Happy | Sad | Angry |
| Tired | Running | Confused |
| Yoga | Impatient | Scared |
| Sitting | Dancing | Jumping |
| Sleeping | Hugging | Cold |

STEP 2: Make your Aluminum Foil Human Figure

Now that you have thought about and drawn some different poses, you are going to begin!

Rip off a piece of foil that is around 18 inches long. This is just an estimate.

It needs to be longer than the foil is wide.



STEP 2: Make your Aluminum Foil Human Figure

Watch this YouTube video on how to make your figure.

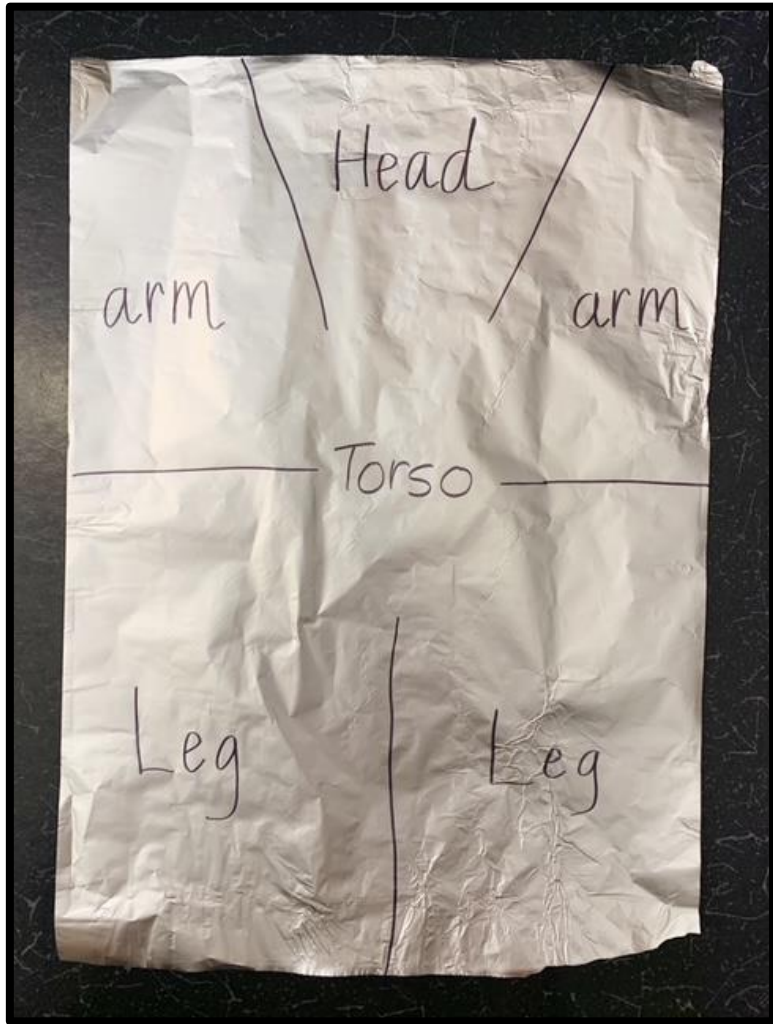
https://www.youtube.com/watch?v=iAZ0Xt8xY_4

If the link above is not redirecting you to YouTube, then simply copy the link and paste it into the YouTube search bar yourself to watch the demonstration video.

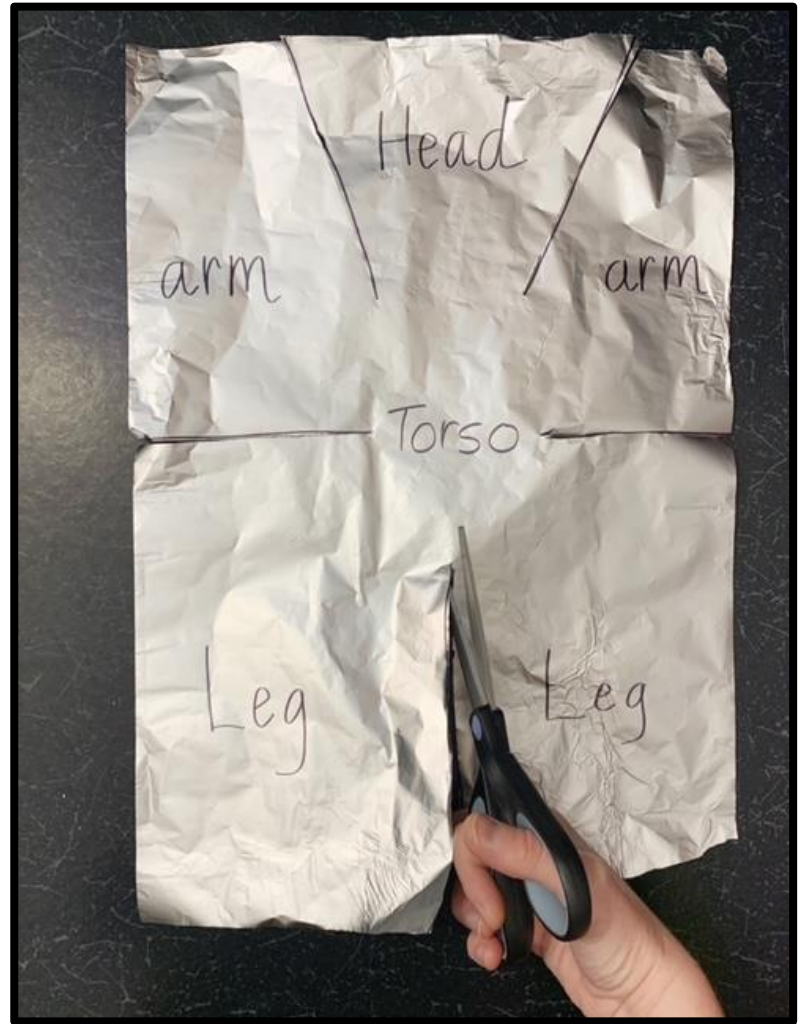
ERROR



STEP 2: Make your Aluminum Foil Human Figure

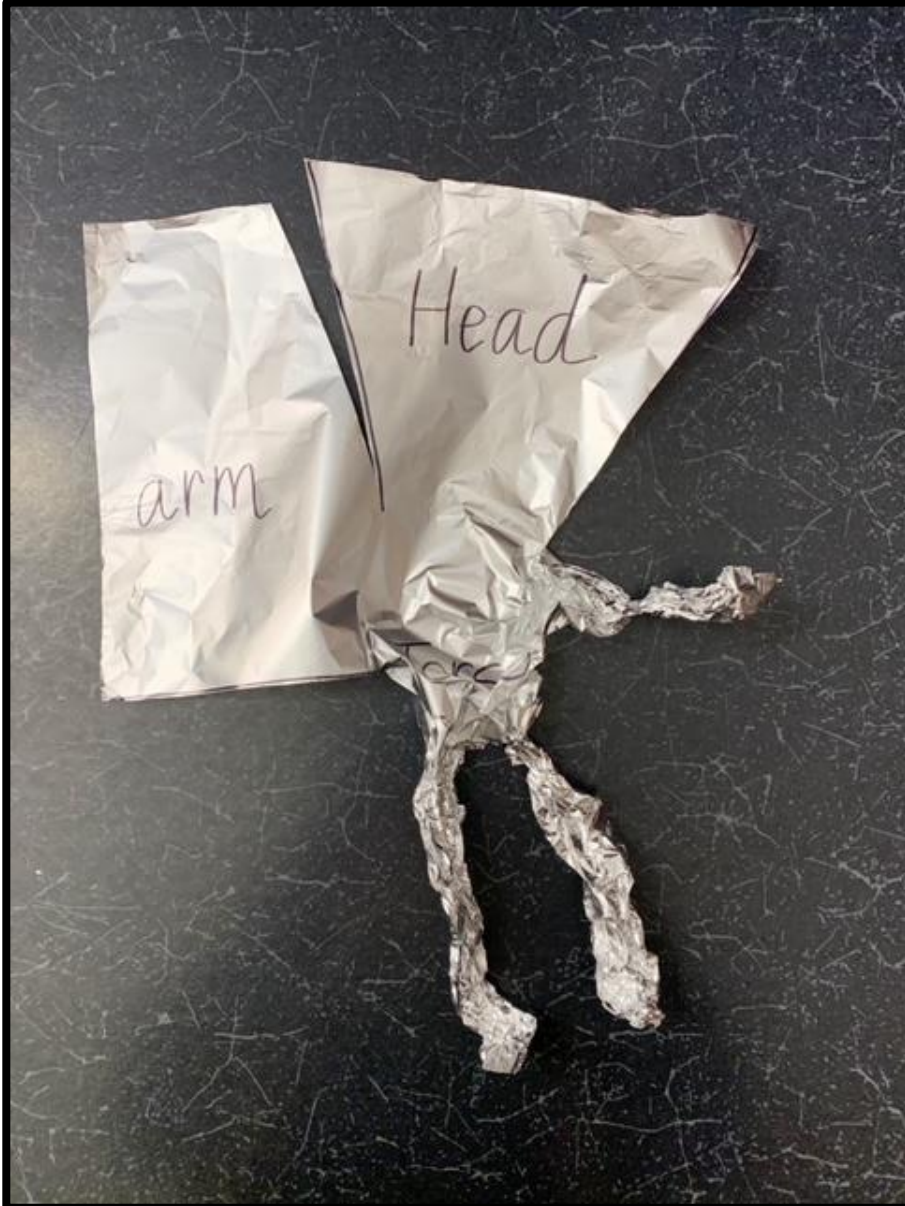


Label your foil as shown above.



Use scissors to cut on the lines.

STEP 2: Make your Aluminum Foil Human Figure

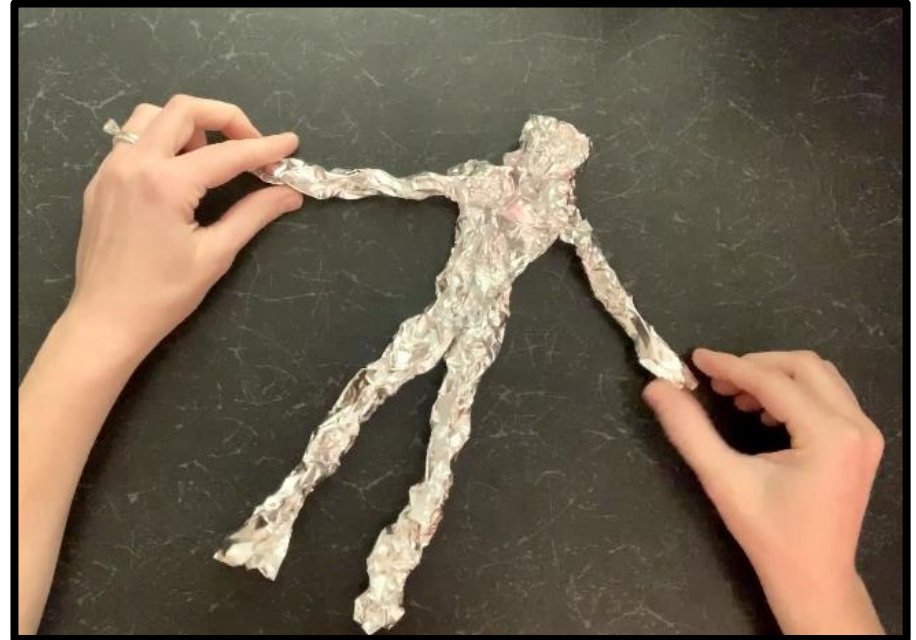


Carefully roll up each leg and arm. Be sure to be very gentle as you do this because foil can rip easily. Do not roll up too tight at the beginning.

Then roll the head in over itself to form a ball shape.

Once all limbs and head are formed, gently press the foil tighter together.

STEP 2: Make your Aluminum Foil Human Figure



Again, gently press the foil together to define the limbs, torso and head. Begin to gently squeeze and pinch the figure together to make it more sturdy.

STEP 2: Make your Aluminum Foil Human Figure



For extra support, add more layers of foil to the torso and anywhere else you feel needs to be stronger.

STEP 2: Pose your Foil Figure!



STEP 2: Pose your Foil Figure!



Running



Waving



Giving a Hug



Cheering

It is a lot of fun to see what your Foil Figure can do, so take some time and pose your figure in many different positions. You can refer back to the brainstorming ideas for some inspiration. For a real challenge, try to get your Foil Figure to stand by itself. This will require you to readjust the weight and even make the legs/feet more sturdy.

STEP 2: Pose your Foil Figure!



Now that you have had some practice posing your Foil Figure, pose your Figure with props. Think about positions outside, inside, or anywhere else you might come up with. We teachers love to see what you have created, so snap a few pictures of your Figure in creative poses and send them our way!